

Name: _____

Due: _____

Class: _____

Confirmation Service & Acts of Discipleship Log

 **St. Joan of Arc**
FAITH & FAMILY FORMATION



**Reflection sheets on service and discipleship are due to
Faith and Family Formation Office by the designated date**



**Need more pages?
Visit here.**

1. Parish and Community Service
 - This total must represent at least 2 different service experiences
 - One must be for our parish
2. Act of Discipleship - 5 activities (there is no time requirement for each)

Roles and Responsibilities

What are my parents' responsibilities?

Your parents may help you stay on track and may transport you to your service activities to meet your required hours - but the service is your responsibility. Ask your parents to pray for you as you participate in the service.

What are my responsibilities?

It is your responsibility to have a Christian attitude while serving. Pray for compassion, patience, and hope as you strive to become more like Jesus. One of the purposes of completing service hours is to help you learn about yourself and be a good example by helping others discover Jesus through your actions and how you live.

Remember, developing a heart for service is a process. It's not just about completing the hours – it's about giving of yourself through your service.

How do I prepare myself for service?

Read Scripture to help you get into the right mindset. Here are some passages to reflect on, or find others that have special meaning for you:

Matthew 5:3-12 (Beatitudes)
Matthew 10:8

Romans 12:6-10
James 2:14-17

1 Corinthians 12:4-7
Matthew 25:35-40

Reflect on these Scriptures, and say a prayer to prepare your heart for service.

Lord, thank you for the talents you have given me. Help me to use them the best that I can. When I use my talents, I make myself and others feel good. Give me the strength to go on when I feel like giving up. I sometimes need that strength and confidence to do my best. Amen

Always remember: YOU ARE NOT ALONE IN DOING THIS. JESUS IS WITH YOU.
Jesus said, "Here I am among you as one who serves." Luke 22:27
He never gives you more than you can handle. 1 Corinthians 10:13

Service and Discipleship

Community and Parish Service

A joyful commitment to Christian service has always been at the heart of Confirmation preparation at St. Joan of Arc. We believe that serving others is not just a requirement, but a beautiful opportunity to share Christ's love in both our parish and our wider community.

We invite families to embrace this spirit of service together, nurturing a heart for giving back. As part of the preparation process, candidates will have the chance to track and reflect on their service activities, deepening their understanding of how they are making a difference.

Students are encouraged to find creative and meaningful ways to serve and minister to those in need, in ways that are safe and fitting for their family. While we will offer some organized service opportunities at St. Joan of Arc, we hope each student will also discover their unique calling to serve throughout this journey of faith.

Growing in Discipleship

As joyful missionary disciples, we are called to continually grow in our faith. To nurture this growth, we invite Confirmation candidates to commit to initiating five acts of discipleship. These activities should be rooted in the Catholic faith and focus on spiritual prayer for the candidate's personal growth and in service to the faith life of family, friends, or the community.

Here are some examples to inspire you in this part of your Confirmation preparation. There are no time requirements or limits what matters is becoming more aware of how you can share your faith and invite others to do the same:

- Leading your family in Advent or Lenten prayers
- Stopping to pray with a friend in need
- Attending a Bible study, or starting a family Bible study, rosary, or novena
- Organizing a family gathering to watch a faith-based program on FORMED or a show like The Chosen
- Celebrating a saint's feast day in a special way, such as preparing a meal, praying a novena, or engaging in special prayers
- Inviting family and friends to join you for a Holy Hour in the presence of the Blessed Sacrament
- Bringing a new person to a prayer event or Mass (or watching a livestream of Mass together)

Use the attached sheets for reflections on your service and acts of discipleship.

Need More Confirmation Service Hour Ideas?

- Check the bulletin for parish service opportunities
- Volunteer for Family Formation Sundays
- Tutor someone after school
- Volunteer for parish events, such as setting up or helping during monthly Sunday Faith Formation or holidays
- Offer services like gardening, mowing, shoveling, cleaning, or babysitting to a neighbor or friend
- Organize a fundraiser or a drive for food, clothing, or supplies for a local or international mission
- Adopt a family in need for Christmas and coordinate a collection to help meet their needs
- Write letters to military personnel or people who are homebound
- Volunteer with Catholic Charities or Catholic Relief Services
- Make a special gift for a family member
- Plan regular (weekly or monthly) communication with distant family

Need More Discipleship Ideas?

- Start or join a group focused on raising awareness about a Catholic teaching or cause (e.g., a pro-life group, collecting items for those in need)
- Dedicate an hour to praying for life, either at a planned pro-life vigil or during Forty Days for Life
- Fast from your phone, gaming, social media, or another favorite activity for a set amount of time and use some of that time for prayer
- Create a prayer corner for your family to use
- Offer to lead spontaneous prayers or find special prayers to say at family meals for a week
- Encourage your family to attend Confession together, and go yourself
- Spend time in Eucharistic Adoration and pray specifically for someone who is struggling
- Visit a cemetery and pray for the holy souls in purgatory, especially those who have no one to pray for them
- Pray a Divine Mercy Chaplet for someone who is sick, dying, grieving, or in need of God's mercy
- Learn a Catholic prayer you don't already know and teach it to a younger sibling or family member
- Wear or carry something that identifies you as Catholic—a crucifix, medal, scapular, etc.—and be willing to explain its meaning if someone asks
- Defend someone who is being excluded, mocked, bullied, or treated unfairly
- Pray for vocations and encourage someone you think might have a vocation to priesthood or religious life
- Contact your godparent or Confirmation sponsor and ask them to pray with or for you
- Help your family celebrate a saint's feast day or liturgical season at home
- Place a crucifix, holy card, Scripture verse, or other reminder of faith somewhere you will see it every day and explain to your family why you chose it

Confirmation Service Reflection

Date: _____

Hours _____

Please read Matthew 25:35-40.

- 1. Briefly summarize where your service hours were completed and what work you did in support of that organization or event.
- 2. Explain the details of your responsibilities and any planning that went into your participation.
- 3. What was the most rewarding moment, feeling or outcome, and how does it help in your preparation for Confirmation?
- 4. What was the most challenging part, and how does it help in your preparation for Confirmation?
- 5. How do your service experiences relate with Jesus' challenge to serve? How have your actions revealed what it means to be a Catholic Christian today?

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Use the space below to reflect on your service experiences:

Discipleship Reflection

- 1. Briefly summarize how you shared your faith with someone.
- 2. Who did you share with? Was it someone you know well? A stranger? A friend? A parent? A grandparent?
- 3. How did that person(s) respond?
- 4. What was the most challenging part, and how does it help in your preparation for Confirmation?
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Use the space below to reflect on your experience.

**Come, Holy Spirit,
fill the hearts of your faithful.
And kindle in them the fire of your love.
Send forth your Spirit
and they shall be created.
And you will renew the face of the earth.**

**Lord, by the light of the Holy Spirit
you have taught the hearts of your faithful.
In the same Spirit
help us to relish what is right
and always rejoice in your consolation.
We ask this through Christ our Lord.
Amen.**